

NATN/SEEDs Customized Training & Workshops

Batterers Intervention programs
Children of Addicted Parents
Coordinated Community
Response to Domestic Violence
Domestic Violence & Sexual
Assault Training
Faith Based response to domestic
abuse
Keynotes & Survivor Panels
Law Enforcement Response
Court Based Advocacy
Shelter & Housing for Victims of
Domestic Violence w/Substance
Abuse Issues
Identifying Victims of Domestic
Violence in Healthcare Settings
Legal advocacy
Sex Trafficking & Abuse: the
Invisible Victims
Teen Dating Violence
Women in Prison & Reentry
Work place violence

What Can You DO?

Volunteer – Your time and talent. It makes a difference!

Mentor a woman or provide a job with livable wages and an opportunity to grow.

Sponsor one bed. Donations are tax deductible. \$29.70 is the cost for one bed night.

Host a fundraiser at your home or work or ask 10 friends to donate \$100 or 20 to donate \$50.

Donate gift certificates, gently used clothing or furniture, cars, car repairs, real estate, bicycles, stocks, estates, or services such as dental work, printing, landscaping, or computer support.

S.E.E.D.S.

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S.E.E.D.S.

A project of National Advocacy &
Training Network (NATN)

Support

Education

Empowerment

DirectionS



“Transforming Lives through
Hope, Healing and
Empowerment”

www.HearHer.org

www.natn-az.org

www.facebook.com/nomoreviolence



602-369-7792



SEEDS Purpose

Support, education, empowerment & directions that build on the initiative and strength of women recovering from **abuse and addiction**.

- Assisting women and their families to achieve self-sufficiency and live safe, healthy and productive lives.

SEEDs is a project of the National Advocacy & Training Network (NATN), an Arizona based, 501 (c)(3) not for profit

If you want to speak to someone about your safety concerns call:

602-369-7792
or
602-373-9747
or
1-800-799-SAFE

Our Services

- **Residential** safe homes for women & their children including female veterans, women leaving prison and treatment programs.
Marilyn House - Mesa
Diane House – Chandler
Jeanne House – Phoenix
Susan’s House - Mesa
- **Groups:** Domestic violence, sexual assault, healthy relationships, recovery & relapse, budgeting, life skills.
- **Outreach & Reentry**
- **Food**, clothing, and individual case management.
- **FREE Healthcare** for uninsured women & kids.
- **Education** – GED, College & Entrepreneur Opportunities.
- **Mentoring** Program
- **Job training** - Cup O’Karma Community Cafe for a Cause, 1710 W. Southern Ave. ste. B-7 Mesa, 85202

Our Approach

Developed on the principles and traditions of self-help, the housing program offers a supportive, holistic environment where women help themselves while helping one another.

Residents participate in groups and community based counseling to explore issues that deal with domestic violence, sexual abuse, recovery and relapse.

75% of the residents who have stayed 6 months or longer have become Staff, Volunteers, & Mentors in the Community.

50% of those residents continue their education through college, and/or vocational training.

Every Woman has Worth regardless of past, race, ethnicity, sexual preference, age, or abilities.