

A Quarterly Publication of The National Advocacy and Training Network

NATN Board Member Rocks the Dance Floor

Michelle Schwartz danced her way into the hearts of all who attended the 2nd Annual National Association of Hispanic Real Estate Professionals Masquerade Gala. Tearing up the dance floor, Michelle danced for donations and came in 1st for most donations raised and placed 2nd overall in the dance competition with an incredible 49/50 score! NATN-SEEDs was honored to be the financial beneficiary of all her hard work. THANK YOU Michelle from the bottom of our hearts.



NATN founder, Monalou Callery, Michelle Schwartz and Robert Dapcich, NATN CEO

A Letter from the Director

The close of each year is a time to embrace family and friends. At NATN this is a time of reflections, of our most passionate supporters and of the resilient and miraculous women, children and families that we have met along the way. On a personal level I can only begin by saying, "Thank you". We can only hope that this newsletter, that message, the spirit, that sentiment or some gesture of "thanks" will reach you. It is an overwhelming time of reflection and there are so many to thank, that it would be impossible to attempt to reach all without slighting another. To our Board of Directors, employees, volunteers, community supporters, well-wishers, and to all who have touched our hearts and souls, or allowed us to do the same for you – "THANK YOU".

Over this past year the accomplishments of our agency have been without parallel. Thanks to the personal support and efforts of our most impassioned Board of Directors we have been able to expand our capacity to provide safe housing to women and their children – purchasing our first home, adding yet another home, funding and fundraising to achieve our many visions. Thanks to our employees, volunteers, and community supporters, NATN/SEEDs continued on its mission providing: Transitional Housing, Self-Sufficiency, Education, Financial Literacy, Mentorship, Training & Technical Assistance, Workforce Development, Job Training, Legal Advocacy, Transportation, remaining a Safe and Sober haven for those touched by violence, abuse and addiction. The birth of the New Year brings visions of prosperity and hope, and continues to fuel the passion that is our life's work. Our wish to all . . . a better, safer and happier tomorrow!

Sincerely, Robert Dapcich

*Award Winning Children's
Author, Conrad Storar returns to
Cup O'Karma for a very special
Children's Storytime Hour
Sat. January 26, 2013 at 11 am*

NATN Workforce Development Services

Now available at Cup O'Karma

Tues. and Thurs. 10am to 1pm

Crystal *A Life Transformed*

"In early 2010, I found myself completely self-destructive and broken (emotional, mentally, spiritually). I had been a drug addict for nearly nine years, and I had physically hurt myself by giving myself a concussion. This was my breaking point, it was clear I needed help. I put myself in rehab for 101 days. Upon my successful discharge, it was recommended to me by the staff to contact the NATN-SEEDs program for the next part of my recovery journey.

I really didn't know what to expect. It was challenging for me to be independent and accountable for my own actions because I had never done it before. NATN-SEEDs has been very supportive, encouraging, and resourceful. I thank them for giving me the courage to change my life and believe in myself again. I just finished my 1st semester back in college and got all A's. I am doing a paid internship at MAXIMUS and volunteering at Cup O'Karma. I have nothing but gratitude for the NATN-SEEDs program because I wouldn't be where I am today without them."

Thanks,
Crystal L.

Support of the NATN-SEEDs program offers hope and new beginnings to women just like Crystal.

Recovery and Success are possible given the right conditions and the right resources.

Your support helps NATN provide both.



Donate Now



Cup O' Karma Happenings

- The **Southwest Acoustic Musicians** (SAM) who regularly showcase their talent at Cup O'Karma Cafe are continuously showing support for our program and their community. Led by **Maxine Jewett**, our long-time friend and volunteer, the SAM group again sponsored Rick's Toy Drive to benefit local children residing in shelter this holiday season. We are forever humbled, grateful, and inspired by Maxine's selfless acts of kindness.
- Guess who stopped in to hear Miss Marty, our beloved **Bookpals** volunteer, read at our monthly Children's Storytime Hour? You guessed it... This jolly old soul was a huge hit with the "regulars" and couldn't stop himself from stocking up on Cup O' Karma's DELICIOUS hot cocoa to keep him warm and toasty for his busy but joyous holiday travels.

Dear NATN Friends,

As the end of 2012 comes to a close, many of us will take this time to reflect back on all the people, memories and events that have touched our lives in one way or another. A few in particular stand out for me... 1) the compassionate New York City police officer who purchased winter boots for a barefoot, homeless man; 2) the devastating effects of Super Storm Sandy; 3) the Penn State cover up; 4) the inspirational 2012 Summer Olympics and; 5) the shocking and utterly senseless Aurora, CO and the Sandy Hook Elementary tragedies. Each of these events has compelled me to do more this year by:

- **Committing to become part of something bigger –it always starts with one person.**
- **Inspiring others to believe in themselves and that SUCCESS is possible, with faith and hard work.**
- **Engaging in random acts of kindness, frequently and often.**
- **Advocating harder for those unable to do so on their own.**
- **Speaking up and doing the right thing, ALWAYS no matter what.**
- **Supporting our teachers who love, protect and guide our children.**
- **Appreciating all that I have.**

These are my New Year commitments. As you consider what things compel you to action this year, make a commitment to **BE the change and make a difference in someone else's life.** - Sophia Campbell



Thanks to all of our incredible supporters, friends, Board members, staff and volunteers for helping to make this holiday season so memorable for our LAV and SEEDs children and families

Thank You to our friends at Great American Title Agency in Mesa for sponsoring NATN-SEEDs children throughout the holiday season with your generous donation of gifts.



**THANK YOU to SOROPTIMIST INTERNATIONAL OF THE SAN TANS
for choosing NATN as your 2012/2013 Non Profit Award Winner!**

NATIONAL ADVOCACY AND TRAINING NETWORK

Our mission is to address the health, safety, economic and social justice issues related to domestic violence, sexual assault, and substance abuse through education, public awareness, and direct services. NATN is an Arizona based 501 (c) (3) charitable organization, Tax ID # 30-0026454. In order to achieve our mission, we operate four key programs:

Support, Education, Empowerment & DirectionS: SEEDs Transitional Housing Services

Cup O'Karma: Community Café for a Cause (COK)

Training and Technical Assistance Programs (T-TAP)

Legal Assistance for Victims (LAV)

"There is no better exercise for your heart than reaching down and helping to lift someone up" - Bernard Meltzer

*There are numerous
ways to make a tax
deductible donation to
The National Advocacy
& Training Network.
To find out more,
click here:*



NATN
Administration Office
P.O. Box 51357
Phoenix, AZ 85076-1357
Tel: 602-516-8123
Fax: 480-969-0484
www.natn-az.com

NATN-SEEDS Tel: 602-369-7792
Cup O'Karma Tel: 480-890-0579



[NATN/SEEDs](https://www.facebook.com/NATN/SEEDs)

www.natn-az.com



[CUP O'KARMA](https://www.facebook.com/CUP.O.KARMA)