

A Quarterly Publication of The National Advocacy and Training Network

Freeport McMoRan Supports NATN EmpowHER services

A \$40,000 grant from the Freeport McMoran Copper and Gold Foundation will empower battered and sexual assault survivors with comprehensive case management and workforce development services provided under the NATN-SEEDs EmpowHER project. On behalf of all of us at NATN, THANK YOU to our newest community partner.



Not your typical community garage sale! The Annual NATN and Zonta International of the East Valley Yard Sale benefitting domestic violence and sexual assault survivors in the SEEDs Transitional Housing program and beyond.

A Letter from the Director

What an amazing and busy time this has been for NATN. With demand for services continuing to exceed program capacity, NATN has reached out to new and existing community partners to expand its services and provide transitional housing, legal assistance and supportive services to victims of domestic violence and sexual assault in recovery from drug and/or alcohol addiction. With over 300 survivors served in 2012, NATN remains steadfast in its efforts to break down societal barriers for battered and sexual assault victims in our community. We are humbled and honored to welcome our newest community partners, Gila River Indian Community and Freeport McMoran Copper and Gold to our list of growing supporters. Additionally, this quarter saw the move of the Jeanne House from the City of Phoenix to the City of Chandler, making it the second NATN-SEEDs Transitional Home to serve that population. Let us not forget our incredible board members and compassionate volunteers who continue to guide and support our organization into the next chapter of our strategic plan. Special thanks to the Bruce T. Halle Family Foundation and B.D. A. Inc., for their ongoing commitment and financial support of our programs. While your extensive community philanthropy is often downplayed, the sheer impact of your actions is truly inspirational. Thank you all for your selfless service, compassion and most importantly, for second chances. - Robert

***Gila River Indian Community
Provides incredible 2 YR, \$80,000
grant to support the NATN-SEEDs
Transitional Shelter
Program. THANK YOU***



***DID YOU KNOW? NATN served over 300
domestic violence and sexual assault
survivors with housing, legal assistance and
support services in 2012.***

Andrea *A Life Transformed*

As a veteran of the US Navy, I was accustomed to always being in control. However, 2009 was an exceptionally hard year with the unexpected passing of both of my parents. Grief and depression consumed me and my drinking was worse than it had ever been. My family and my significant other had done all they could to try to help and, though I had been through treatment years before, long-term sobriety eluded me. This time was different. I had to quit drinking or I was going to die. Approaching discharge from inpatient treatment at Chandler Valley Hope, my counselor strongly recommended transitional living for a time instead of going straight home. I came to NATN-SEEDS expecting only to stay for a short while, get my bearings, and return home. I had no idea that the experience would turn out to be an all-encompassing, whole-life change.

When I moved into NATN-SEEDS, I had no self-esteem, little confidence, and I had been isolating for so long that interaction with others and the world seemed foreign. With patience, caring, and compassionate staff, NATN-SEEDS gave me the tools I needed to build myself back up. I had a whole team behind me! I started working at Cup O'Karma: Community Café for a Cause and soon assumed the role of House Manager.

Thankfully, the world is no longer an intimidating, unsafe place for me. Today, I am not only an active participant in it, I laugh, I feel, I hope. Thanks to a loving family and my extended NATN-SEEDS family, living isn't something that just happens to me, it is something I share in and create. With much love and gratitude, Andrea C.



Donate Now



Cup O' Karma Happenings

- **Chava Cannon** has been writing songs since the ripe old age of 9 and continues to pack Cup O'Karma's Open Mic Night with her soulful songs and music. Chava is an award winning songwriter who has written songs for local valley artists and hosts several open mic nights around town.
- She is the founder of **Songwriters For A Cause**, a group that brings together songwriters to produce cd's with all proceeds directly benefitting a specific charity. If that weren't enough, this amazing **NATN volunteer**, founded her very own non-profit called the **Share Network**, whose mission is to provide an alternative means for obtaining services and equipment for those with special healthcare needs.
- To learn more about Chava, visit her at chavacannon.com or stop by COK to hear her perform and check out the NATN-SEEDS Charity CD.

Volunteers play a valuable role in any organization and NATN is no exception. Last year, 97 volunteers assisted NATN by giving of their time, their skills and/or special talents. They are frequently the selfless teachers, mentors, cheerleaders and compassionate souls that support the organization and those it serves in countless incredible

WE LOVE
OUR VOLUNTEERS

ways. If you are looking to impact your community in a unique and deeply personal way, please consider volunteering with the National Advocacy and Training Network. Current volunteer opportunities include:

- Volunteer Café Baristas
- SEEDs Mentors
- Organizing/sorting Donations
- Yard beautification/Maintenance

Contact 602-373-9373 for more info.



SOROPTIMSIT of the San Tans, Saturday of Service event which took place on March 2, 2013 created two beautiful Children's Play Areas for the NATN-SEEDs, Diane and Jeanne Transitional Shelter programs. Thank you ladies for your AMAZING creativity, friendships and support of our programs.



THANK YOU to Zonta International of the East Valley for spearheading the NATN/Zonta Annual Garage Sale. \$ 1000 in proceeds was raised from this event to provide Educational Scholarships for women in the SEEDs program.

NATIONAL ADVOCACY AND TRAINING NETWORK

Our mission is to address the health, safety, economic and social justice issues related to domestic violence, sexual assault, and substance abuse through education, public awareness, and direct services. NATN is an Arizona based 501 (c) (3) charitable organization, Tax ID # 30-0026454. In order to achieve our mission, we operate four key programs:

Support, Education, Empowerment & DirectionS: SEEDs Transitional Housing Services

Cup O'Karma: Community Café for a Cause (COK)

Training and Technical Assistance Programs (T-TAP)

Legal Assistance for Victims (LAV)

When you learn, teach. When you get, give. - Maya Angelou

*There are numerous
ways to make a tax
deductible donation to
The National Advocacy
& Training Network.
To find out more,
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